



Conversation Starters for Partnering With the School Day Around Health and Wellness

Before meeting with school-day staff, consider these questions:

- What are the best ways to make contact with school-day staff?
 - In-person
 - Email
 - Virtual meeting
 - Other
- Which school-day staff or services do you need in order to implement the planned programming?
 - Health and physical education teachers
 - Special education support services
 - School counselor or psychologist
 - Behavior management and attendance staff
- What are the benefits of collaboration between 21st CCLC and school-day programs?
- What are the goals for curriculum alignment with school-day health and wellness programs?
- In what ways do you currently support students' social and emotional needs?

Conversation starters to use with a school principal:

- What are some ways 21st CCLC programming can support school-day health and wellness goals?
- Are there opportunities for joint professional development between school and out-of-school time staff related to health and wellness?
- What behavior management strategies does the school use, and how might the 21st CCLC program mirror those goals?
- Can the 21st CCLC program develop two-way communications with the school day that can support alignment and collaboration?

Conversation starters to use with school staff members:

- In what ways do you currently support students' social and emotional needs?
- What are the goals for school-day health and wellness curricula and activities?
- How can 21st CCLC staff assist school-day staff in increasing health and wellness offerings during and after school?