



# Learning Styles Questionnaire

Place a check mark in the column that best matches your preference, then add up your score on page 3 to find out whether you are an auditory, visual or tactile learner.

			Often	Sometimes	Rarely
1		I can remember more about a subject through the lecture method, where I get information, explanation and discussion.			
2		I like information to be written on the board.			
3		I like to write things down and take notes.			
4		I like making posters and models in class.			
5		I require explanations of diagrams, graphs or visual directions.			
6		I enjoy working with my hands or making things.			
7		I enjoy making graphs and charts.			
8		I can tell if sounds match when presented with pairs of sounds.			
9		I remember best by writing things down several times.			
10		I can understand and follow directions on maps.			
11		I do better in school by listening to lectures and recordings.			
12		I play with coins or keys in my pockets.			



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13		I learn to spell by repeating words aloud instead of writing them on paper.			
14		I can better understand news by reading it rather than listening to the television.			
15		I chew gum or eat a snack while studying.			
16		I feel the best way to remember something is to picture it in my head.			
17		I learn by “finger spelling” – drawing letters in the air with my finger.			
18		I would rather listen to a speech instead of reading it.			
19		I am good at working with and solving puzzles and mazes.			
20		I hold objects in my hands while learning and studying.			
21		I would rather watch or listen to the news than read about it.			
22		I learn information on a subject by reading about it.			
23		I am comfortable shaking hands or hugging others.			
24		I follow spoken directions better than written ones.			



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## Key

Often = 5,

Sometimes = 3,

Rarely = 1

Number	Points
2	
3	
7	
10	
14	
16	
19	
22	
Total	

Number	Points
1	
5	
8	
11	
13	
18	
21	
24	
Total	

Number	Points
4	
6	
9	
12	
15	
17	
20	
23	
Total	

### Visual Learner



### Auditory Learner



### Tactile Learner



*Modified from Got style? Understanding your own way of learning. Available at [https://wvde.state.wv.us/counselors/links/students/documents/9.8.1-Learning\\_styles\\_assessment.pdf](https://wvde.state.wv.us/counselors/links/students/documents/9.8.1-Learning_styles_assessment.pdf)*

