



# Sample Volunteer Skills Grid

## SAMPLE VOLUNTEER SKILLS GRID—1

<p><b>Skills I have—</b> Special skills, talents, interests I like to use:</p> <p><i>I am a retired math teacher. I also play the guitar and men’s softball.</i></p>	<p><b>Interests I want to develop—</b> Areas I want to learn more about:</p> <p><i>I just want to stay busy and spend time with kids who are struggling in school.</i></p>
<p><b>Things I don’t like to do— Please don’t ask me to do this!</b></p> <p><i>Nothing, really...</i></p>	<p><b>Time I can give to the program—</b> Hours, days, length of time etc.:</p> <p><i>Tuesdays from 3–5 PM.</i></p>

## SAMPLE VOLUNTEER SKILLS GRID—2

<p><b>Skills I have—</b> Special skills, talents, interests I like to use:</p> <p><i>My kids are all grown. I like cooking, reading and sewing.</i></p>	<p><b>Interests I want to develop—</b> Areas I want to learn more about:</p> <p><i>I want to get to know the families in the community.</i></p>
<p><b>Things I don’t like to do— Please don’t ask me to do this!</b></p> <p><i>I’d rather not work with the middle school boys.</i></p>	<p><b>Time I can give to the program—</b> Hours, days, length of time etc.:</p> <p><i>Mondays and Fridays from 3–5 PM.</i></p>





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## SAMPLE VOLUNTEER SKILLS GRID—3

<p><b>Skills I have—</b> Special skills, talents, interests I like to use: <i>Varsity sports, rock music, skateboarding.</i></p>	<p><b>Interests I want to develop—</b> Areas I want to learn more about: <i>I need service learning credits for school. I'm thinking about becoming a teacher; I'd like to learn more about that.</i></p>
<p><b>Things I don't like to do—</b> <b>Please don't ask me to do this!</b> <i>No arts and crafts!</i></p>	<p><b>Time I can give to the program—</b> Hours, days, length of time etc.: <i>I can only be here for a month between sports —Monday, Wednesday and Friday from 3:30–6:00 pm.</i></p>

## SAMPLE VOLUNTEER SKILLS GRID—4

<p><b>Skills I have—</b> Special skills, talents, interests I like to use: <i>I read and write Spanish and French. I like to sing and perform plays. I also like tutoring students.</i></p>	<p><b>Interests I want to develop—</b> Areas I want to learn more about: <i>I'm interested in science education.</i></p>
<p><b>Things I don't like to do—</b> <b>Please don't ask me to do this!</b> <i>My last volunteer job just had me cut up paper for art projects all the time. I want to do something a little more challenging.</i></p>	<p><b>Time I can give to the program—</b> Hours, days, length of time etc.: <i>Flexible...</i></p>

