



# Working With Groups

## Training Starter Template

**Objectives:** All participants in the training will be able to

- Specify the benefits and challenges of having youth work in groups.
- Give at least five examples of group norms for children and youth.
- Create sample roles and responsibilities for group participants.
- Describe roles of adult as facilitator of group work.

**Total amount of time:** \_\_\_\_\_ **Number of participants:** \_\_\_\_\_

**Preparation:** \_\_\_\_\_ **Materials:** \_\_\_\_\_

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_____	_____
_____	_____
_____	_____

### Training Opening

Engage participants \_\_\_\_\_ minutes  
(Begin with icebreaker/warm-up activity related to the topic.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Introduce the topic \_\_\_\_\_ minutes  
(Motivate participants, show them why the topic is important, and share objectives and agenda.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Training Middle** \_\_\_\_\_ minutes

(Explain the topic in detail, demonstrate the concept and discuss it, and practice and apply the topic.)

- Discuss participants' previous experience working with youth in groups; elicit specific examples of successes and challenges.
- Chart benefits of youth working in groups, both for projects and for developing 21<sup>st</sup> century skills.
- Draw on examples of success: Create a list of potential group norms; identify different roles for individuals in a group.
- Discuss role and techniques of adult as a facilitator.



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## Training Wrap-up and Closing

- Summarize, consolidate \_\_\_\_\_ minutes  
(Connect again to the objectives, check for understanding, discuss questions.)

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- Plan next steps \_\_\_\_\_ minutes  
(Be specific about application to immediate practice.)

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- Closing comments \_\_\_\_\_ minutes  
(Acknowledge, motivate, and inspire.)

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## Post-training assessment and revision

- Check effectiveness of training through formal or informal assessment.
- Note changes to make.
- Note areas for additional training.